

Experimentation of the Teaching Source “Positive Discipline”

Taken and adapted from:

https://cache.media.eduscol.education.fr/file/Formation_continue_enseignants/71/8/Presentation-Discipline_Positive-Seminaire_3_juin_2019_1140718.pdf

Channel's 4 interactive video: <https://www.positivediscipline.com/dr-jane-nelsen>

Level of difficulty	Name of the partner school	Name of the teacher(s) involved
<i>Easy</i>	<i>Jean XXIII school complex in Montigny les Metz</i>	<i>Bergossi Carole : Music teacher Blandine Dieudonné : Spanish teacher</i>

Level of difficulty

The project requires thinking upstream about the implementation (For example : arrangement of a classroom, discussion on the notion of sanction, animation of interviews with parents) and consultation with the director, other members of the educational team and parents. The project is also based on the motivation, investment and participation of the members of the educational team.

Description of the experience

The experiment is conducted in a sixth grade class (10/11 years old - 30 students)

The objectives of the day are to :

- Express emotions
- Know others
- Listen, concentrate, work together
- Set goals

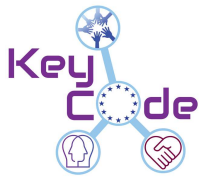
Teachers pick up the students in the yard after the roll call, they take them to the gymnasium (not the classroom) to do exercises and games which allow them to express their feelings (how I feel in this back to school day, what are my concerns, my expectations, what I'm looking forward to...) and to get to know each other (presentation games, sports games...).

Then they go to a music room to learn a song (the skills of listening, respect, concentration, attitude in class ... are quickly assessed through this exercise).

The afternoon is spent in the classroom : the first guidelines are established according to what was done in the morning, then students take stock of the day : they talk about the emotions they experienced in the morning and express their feelings about these emotions (did they change during the day ?). Each student expresses the three strong emotions that he experienced during the day.

This time is also explained to parents who have the mission of questioning their children after leaving school about the things they had fun doing. Children are invited to ask parents about their working day in the same way.





Project Number: 2020-1-FR01-KA201-080108

Needs of the classroom to be addressed

We both work in a 6th grade class.

We noticed that the students (regardless of their educational level) felt some discomfort and were even in pain. We searched on the internet for different approaches to work with students on social skills, empathy, communication, self-awareness, internal motivation and we tested the positive discipline that met our expectations.

Validation of the teaching source

Positive discipline creates a climate of trust between the different members of the educational community : students / teachers / parents.

This convincing method allows the student to feel more fulfilled, more serene in the classroom and outside, to manage his emotions, to adopt an attitude of respect towards others and to find solutions to resolve conflicts.

The students are encouraged in their learning and they will be able to build their self-esteem and gain self-confidence. They learned how to work in a group and to improve their knowledge.

Testing carried out on the beginning of the school year 2020



Co-funded by the
Erasmus+ Programme
of the European Union

The European Commission support for the production of this publication does not constitute an endorsement of the contents which reflects the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.



This work is licensed under a [Creative Commons Attribution-NonCommercial-ShareAlike 4.0 International License](https://creativecommons.org/licenses/by-nc-sa/4.0/).